

LOVE to the **MAX**



LIVE to the **MAX**



HOLY to the **MAX**



A deep desire for the happiness of all men inspired us to seek holiness in our lives through contemplation and action. These are the key to our happiness, because contemplation is union with God and good action is the fruit of this union. When we are united to God, we are aware of His presence. Then, in even the most difficult situations, we know there is a God who loves us. Sounds great, right? But, these are new ideas and big dreams, so how do we stay on track? Once again, God has heard our cry, and helped us from the very beginning.

When an author begins a book, he has a general outline. When a builder begins to build, he has a blueprint. When Christ called us to be holy, He gave us a model to follow. The Blessed Mother, the Immaculate Conception, is our model.

Mary was conceived without Original Sin. From the instant of her conception, she was full of grace. Because there was no room for sin within her, she was as perfectly united to God as any creature could be united. In this way, her life was contemplative, even from her conception! Contemplation was the fuel for every good action she did, whether doing chores or willingly becoming the Mother of God.

Yes, but we are not the Mother of God, what are we supposed to do? **Pray.** She taught Our Lord to pray, and she can do the same for us. Beg her to help you detach from all the things separating you from the fullness of God's love. **Give.** Give yourself to her, so that she can transform you into the saint God has chosen you to be. The Immaculate Conception, Mary Our Mother, will unite us to Christ and prepare us for immediate action and eternal happiness!

CHALLENGE

Repeat every day:
Immaculate Heart of Mary,
be my salvation!



Words Of Wisdom

Mother Mary said to me,
speaking words of wisdom,
LET IT BE

WOW WOW WOW WOW WOW

WOW WOW WOW WOW WOW

YOUTH IN ACTION



Hi, my name is Alex, and my wife is named Jen. We were each consecrated to Our Lady in the spirit of St. Maximilian Kolbe before we were married in October. Our consecrations and devotion to Mary have been an integral and irreplaceable part of our relationship.

When Jennifer and I started dating, we made the daily rosary a priority, knowing that it would be a means of grace in discerning God's Will. This allowed Our Lady to bring us closer to each other and God. Jen sees Mary as a model of trust, because Mary always trusted in Jesus. Whenever Jen hears a Gospel with Mary in it, she sees someone she would like to emulate because of Mary's Fiat.

Daily I find that I say the words "Sweet heart of Mary, be our salvation" more than anything else, because I know that the Blessed Virgin wants to shower us with grace. She will do everything she can to save us, if we only ask. This is especially consoling when I feel that I can do nothing right, or when I realize that I can do no good on my own, but that she can make whatever I do pleasing to God.

Jen and I have felt the special help of the Immaculata in our lives. While our daily falls remind us that we have a lot of growing in our faith to do, we know that the Immaculata is there as a guardrail on the narrow road.